

## **Khenchen Pema Sherab Rinpoche to confer Avalokitesvara and Padmasambhava empowerments at Bangalore**

*DHARMA SUBHASHITA Indo-Tibetan Buddhist Meditation and Study Center is organizing empowerments of Avalokitesvara (Chenrezig) and Padmasambhava (Guru Rinpoche) along with a teaching on the principles of Deity Yoga (skt: Deva-Yoga) in Vajrayāna Buddhism at Bangalore*

Bangalore, Karnataka, September 12, 2008 /[India PRwire](#)/ -- DHARMA SUBHASHITA (Thubten Lekshey Ling) Indo-Tibetan Buddhist Meditation and Study Center ([www.dharmasubhashita.org](http://www.dharmasubhashita.org)) is organizing the following empowerments and teachings by Khenchen Pema Sherab Rinpoche, the senior Khenpo of the Nyingma Tradition of Tibetan Buddhism, on September 20th and 21st at Bangalore.

On 20th September 2008, from 3:00pm to 6:30pm, there will be an **empowerment of Avalokitesvara (Chenrezig) & a Teaching on the Principles of Deity Yoga** by Khenchen Pema Sherab Rinpoche. On 21st September, on the same time, there will be an **Inner Tantra Empowerment on Padmasambhava (Guru Rinpoche)**. Both of these functions will be held at **ASHIRVAD, #30, St. Marks Road Cross, Opp SBI, St. Marks Road, Bangalore -01**. The admission is free, however participation needs to be confirmed in advance by email to [info@dharmasubhashita.org](mailto:info@dharmasubhashita.org) or by phone to 98802-96930.

### DETAILS BELOW

#### **Empowerment & Guided Meditation on**

#### **Avalokitesvara - The Buddha of Compassion**

#### **& Teaching on the Principles of Deity-Yoga**

**20th Sept 2008, 3:00pm to 6:30pm**

Deity Meditation (Deva-Yoga) is an important aspect of Vajrayāna Buddhism. The essential Buddhist teachings of Calm-Abiding (skt: *śamata*, tib: *zhi-gnas*) and Special-Insight (skt: *vipāśyāna*, tib: *lhag-mthong*) are practiced within Deity-Yoga in a unique way. Through its profound view the practitioner penetrates into the true nature of all experiences deeply and swiftly. Khenchen Pema Sherab Rinpoche will confer an empowerment (skt: *abhisheka*) of Chenrezig (*Avalokiteśvara* - The Buddha of Compassion) and will explain the principles of Deity-Yoga in that basis. Khen Rinpoche will also be leading a guided meditation session on Chenrezig.

The Empowerment will be according to the Namcho Cycle of Treasure (Terma) Teachings. After the empowerment, the participants can meditate upon Chenrezig and recite the Mantra OM MANI PADME HUM HRI with clear understanding.

Avalokitesvara empowerment is open for all and is good opportunity to receive an introduction to Vajrayāna Buddhism.

#### **Inner Tantra Empowerment of Padmasambhava (Guru Rinpoche)**

**21st Sept 2008, 3:00pm to 6:30pm**

Khenchen Pema Sherab Rinpoche will confer the empowerment of Guru Rinpoche according to Namcho Cycle of Treasure (Terma) Teachings revealed by Tertön Migyur Dorje, a great yogi of the Nyingma School of Tibetan Buddhism. This empowerment belongs to the anuttara-yoga-tantra (highest yoga tantra) class of Tantras. Padmasambhava empowerment is open to those who are ready to take on practice commitments and willing to abide by Tantric Samaya (the sacred bonding through the pledge the disciple takes from the Guru). Prior understanding of the foundations of Buddha-Dharma is required since this is an advanced teaching.

#### About the Teacher

**Khenchen Pema Sherab Rinpoche** is the most senior Khenpo in the Nyingma tradition of Tibetan Buddhism outside of Tibet. He was born in Tibet and studied under masters and scholars of all schools of Tibetan Buddhism. He was ordained in 1953. He reached India in 1959. At the age of seventeen, he met his spiritual teacher, His Holiness Dilgo Khyentse Rinpoche. He received most of his teachings from Khyentse Rinpoche including the Guhyagarbha Root Tantra, Longchenpa's Treasury of Pith Instructions, Kagyud Ngag Dzog, Rinchen Terdzod, Jigme Lingpa's Yoten Dzod, Lochen Dharmashri's Explanation on Ngari Penchen's Three Vows, etc. On various occasions, he also received many teachings and empowerments from highly realized masters like His Holiness Dudjom Rinpoche, His Holiness Penor Rinpoche and His Holiness Taklung Tsetrul Rinpoche.

In 1968, H.H. Penor Rinpoche invited him to Namdroling Monastery (Golden Temple, Bylakkuppe) to teach Dharma there. Ngagyur Nyingma Institute, the largest monastic University of the Nyingma tradition outside of Tibet, was established at Namdroling in 1978. Since then, Khen Rinpoche has been teaching both Sutra and Tantra at the institute. H.H. Penor Rinpoche conferred him the title of Khenchen (great abbot). Khen Rinpoche has travelled around the globe giving teachings and empowerments. He has also written several books on Buddhist philosophy and logic and a biography of Guru Padmasambhava.

### **Notes to Editor**

DHARMA SUBHASHITA (Thubten Lekshey Ling) [www.dharmasubhashita.org](http://www.dharmasubhashita.org) is an Indo-Tibetan Buddhist Meditation & Study Center in Bangalore founded under the spiritual guidance of His Holiness Penor Rinpoche. We conduct meditation classes and spiritual discourses. We also participate in His Holiness the 14th Dalai Lama's vision of revitalizing the rich intellectual tradition of the ancient Nalanda University through our awareness-building programs on philosophy with a broad non-sectarian view. Regular classes at the center in Bangalore are taught by experienced teachers from Namdroling, the reputed Buddhist Monastic Institution at Bylakkuppe, Karnataka. Occasionally, we also have special teaching programs by Buddhist masters across traditions. Dharma Subhashita follows the Nyingma tradition of Tibetan Buddhism as the spiritual practice lineage and upholds the non-sectarian values of the Ri-me' movement.

**For more information, please contact:**

**Phuntsok Namgyal**

Mr

(L) 9880296930

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