

Evolve: First-of-its-kind medical spa by Yash Birla Group

Evolve is a joint venture of Yash Birla Group and Pacific Healthcare, one of the world's leading healthcare providers. Evolve's Expertise encompasses Cosmetic Dermatology, Cosmetic & Plastic Surgery, General & Specialist Dentistry and Maxillo Facial Prosthesis.

Mumbai, Maharashtra, November 25, 2009 /[India PRwire](#)/ -- Evolve is a joint venture of Yash Birla Group and Pacific Healthcare, one of the world's leading healthcare providers. Evolve's Expertise encompasses Cosmetic Dermatology, Cosmetic & Plastic Surgery, General & Specialist Dentistry and Maxillo Facial Prosthesis. The Yash Birla Group is one of India's most forward thinking and dynamic groups; and Pacific Healthcare is one of East Asia's leading healthcare providers, with healthcare facilities in Singapore, Hong Kong, and China.

The team of doctors is amongst the best in the country as are their state-of-the-art facilities. Enshroud yourself in luxury and let their skilled practitioners work their magic on you assuring you of the safest treatments and utmost discretion. Evolve's expertise encompasses Cosmetic Dermatology, Plastic Surgery, and Dentistry. Their cutting-edge treatments include: Botox; Skin Tightening; Hair Removal; Laser Procedures; Skin Rejuvenation; Rhinoplasty; Facelifts; Thread lifts; Breast Augmentation and Reduction; Liposuction; Implant Dentistry; Endodontics; Orthodontics; Dental Lasers.

Evolve offers various therapies & treatments under Medical Spa & Wellness:

Med Spa

- **Dermatology-** Using the latest technological advances in the field of dermatology and cosmetology we offer customized treatment plans for your aesthetic needs. An ideal solution to enhance your youthful and healthy appearance without surgery, recovery time or injections. We undertake Botox, fillers, Laser Hair Removal, Laser Skin Tightening, Removal of Moles, Treatment of Acne, etc.
- **Cosmetic surgery-** We offer operative services in a pleasant and spacious state-of-the-art operating theatre of international standards, maintaining utmost hygiene. Our surgical services are people-centric, catering to your specific individual needs, and our esteemed surgeons will guide you through the pros and cons of surgeries required to enhance your physical appearance. We undertake Body Contouring, Breast Augmentation, Face / Neck Lift Surgery, Hair Transplant, Hand Surgery, Liposuction, Male Breast Reduction, Rhinoplasty, Reconstructive Surgeries & Surgery for Eyelids amongst others.
- **Advanced Dentistry-** We offer a wide range of general and specialized dental services like cosmetic dentistry with a comprehensive dental diagnosis. Using state-of-the-art-technology to facilitate highest standards of latest diagnostic tools and dental procedures. We specialize in Cosmetic Dentistry, INVISIBLE BRACES, Endodontics, Implant Dentistry, Orthodontics, Paedodontics, Periodontics, Prosthodontics, Restorative Dentistry & Scaling and Polishing.
- **Maxillo Prosthesis-** Many patients with congenital and traumatic defects are seeking access to treatment for restoration of these defects. Persons who have an absence of any body part which causes them embarrassment need not suffer this trauma any more. With today's silicone materials it is possible to make a facial prosthesis so life like that it is difficult to tell it apart from the rest of the body. Even from close-up! The prosthesis is custom made and coloured for each patient. The Anaplastologist, who makes the prosthesis, will use different shades of colour and other methods to closely match each person's skin. The following silicone prostheses, which are either adhesive or Osseo-integrated implant retained, are Osseo-integrated implant retained are fabricated here like ear, Nose, Orbital(Eyes), Fingers, Toes, Breasts and Acrylic conformers as specified by a surgeon.

Wellness

- Evolve has many wide ranged body treatments specific for every requirements of body & face like Men's Skin Treatment, Dermalogica Facial Treatment, Environmental Control Treatment, Multivitamin Skin Brightening Treatment, Dermalogica Anti-ageing Multi-vitamin Facial, Medicated clearing treatment, Express Services: 30 minutes, Dermalogica Express Facial - This facial is for the client who is pressed for time, but wants to

experience relaxation, treat a breakout or just have glowing skin for a night out. Apart from these Evolve also offers Aroma Body Treatments, Dermologica Body Treatments, Massage Therapies, Physiotherapy and Yoga.

The unique USP at Evolve spa which only they offer is **Home Spa** where people get personalised medical spa services right at their door step! If you are the kind that isn't comfortable going out for a massage, Evolve is made just for you. Call up and set an appointment and Evolve will send a masseuse or masseur to your home. The masseuse will bring the oils, the massage table, the linen, aroma, music and the disposables.

- **Swedish massage (60 min)**-An excellent massage to soothe the nerves, involves a gentle pressure with long relaxing strokes that leaves you relaxed and rejuvenated.
- **Aromatherapy (60 min)**-Is a gentle therapeutic massage using special blends of essential oils that nourish your body and mind.
- **Thai yoga massage (75 min)**-Is the traditional massage of Thailand that involves a combination of stretching and acupressure techniques. It is an oil free massage.
- **Deep tissues massage (75 min)**-This massage involves a firm and deep pressure using specific techniques to release chronic muscle tension, blockage and knots; it also helps draining lactic acid and release emotional tension. Massage is done with a special blend of pain relieving oils.
- We have similar services like **Lomilomi massage (60min)**, **Balinese massage (60 min)** AND **Zen shiatsu (60 min)**.

Notes to Editor

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