

The Four Fountains Spa Pune Launches Special Massage For Monsoon - Monsoon Mist

The Four Fountains Spa Pune has launched a limited edition massage for the monsoon - Monsoon Mist - using Aromatherapy Massage techniques and a blend of patchouli and cedarwood oils.

Pune, Maharashtra, June 30, 2009 /[India PRwire](#)/ -- There's no better season than monsoon for spa therapies. The downpour rids the air of dust while the moisture in the air opens the pores of your skin and makes your body more receptive to the goodness of aromatic oils.

The Four Fountains Spa presents '**Monsoon Mist**' - a new aromatic massage to celebrate the magic of monsoon. This massage combines the **techniques of the classic aromatherapy massage** and uses a blend of **Patchouli** and **Cedarwood** essential oils to evoke memories of the first showers of the season.

Patchouli oil comes from the leaves of a bushy herb native to tropical regions of Asia. Its aroma is earthy and reminiscent of the first rain. It is known for its antifungal properties and counters athlete's foot and other minor skin infections common during the monsoon.

Cedarwood oil is a soft-smelling oil with a woody aroma and a faint undertone of sandalwood. Cedarwood is known to help control odor and absorb excessive moisture. Its sedating ability also relieves itching.

This **limited edition 60 min massage** is priced at **Rs. 1,199/- (inclusive of all taxes)** and will be available at the 3 locations of The Four Fountains Spa (Aundh, Koregaon Park and Magarpatta City) from **1 July'09 to 30 September'09**.

Notes to Editor

The Four Fountains Spa (<http://www.thefourfountains.in>) is a chain of surprisingly affordable day-spas set up by CMYK Health Boutique Private Limited - a company founded by 3 management graduates from IIM Ahmedabad and S.P. Jain Institute of Management & Research who have worked with companies like Hindustan Unilever Limited, KPMG Consulting and the Tatas.

The Four Fountains Spa currently has 3 spas in Pune and plans to set up 300 spas across India by 2012. Each spa offers a wide range of affordable spa therapies for Relaxation, General Well-Being and Beauty. These therapies include massages, body polishes, body wraps and facials.

The Four Fountains Spa is inspired by the refreshing image of a full-flowing fountain: life-giving water in its gentlest and most playful form. The Four Fountains in the name represent the four fountains of Youth, Tranquility, Abundance and Joy which cater to the four faculties of our existence.

The Fountain of Youth rejuvenates the Body

The Fountain of Tranquility calms the Mind

The Fountain of Abundance pampers the Senses

The Fountain of Joy connects the Soul to the universe

The four fountains of Youth, Tranquility, Abundance and Joy come together to bring vitality to life.

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