

Omega 3-6-9 capsules by a British multinational, Specially meant for Heart Disease , Launched in India

Omega 3-6-9 is a nutritional supplement that works wonders on one's health and well being; Omega 3-6-9 is ideal for all overweight and stressed individuals particularly with a family history of heart disease

Pune, Maharashtra, June 23, 2009 /[India PRwire](http://www.indiaprwire.com)/ -- Now Indians have an easy access to a dietary supplement used world wide. Introduced Omega 3-6-9 capsules by M/s Health Aid Ltd, U.K.in Pune, Mumbai, Bangalore , Delhi, Chennai, Bangalore, Hyderabad, and Mysore

M/s Health Aid Ltd is an internationally reputed British multinational manufacturing over 500 dietary supplements, herbal products and skin care products sold in 48 countries worldwide including USA and Western Europe. Over 50 of their products are marketed in India by Aarkios health Pvt. Ltd. A number of other products will be brought here in a phased manner.

Omega 3-6-9 is a nutritional supplement that works wonders on one's health and well being. Omega 3 fatty acids help prevent the build up of cholesterol that can clog the arteries and lead to heart attack. It also helps prevent blood clotting. Omega 6 is recommended in the treatment of osteoporosis, diabetes, diabetes and rheumatoid arthritis. Omega 9 lowers cholesterol levels, thereby reducing the risk of cardiovascular disease. It also minimizes atherosclerosis and reduces insulin resistance thereby improving glucose (blood sugar) maintenance.

Omega 3-6-9 is ideal for all overweight and stressed individuals particularly with a family history of heart disease. Considering today's hectic lifestyle and enhanced rate of cardio vascular diseases, such value addition is the need of the hour. Besides Pune, this supplement is available in Mumbai, Delhi, Chennai, Bangalore, Hyderabad, and Mysore.

Omega 3-6-9 is backed up and autorised by Dr. Jagdish Hiremath, Director- CCU and Cath lab in Ruby Hall Clinic Chief Of Cardiology- Poona Hospital & research Centere, and Mrs. Shilpa Shirole, Head, Dietetics, Pune University and well known dietician.

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