

## Summer-proof yourself at The Four Fountains Spa

*Summer Splash is a special package of spa therapies for the summer from The Four Fountains Spa*

Pune, Maharashtra, IND, 2008-05-22 13:42:09 (IndiaPRwire.com)

The cruel summer also brings with it dehydration, sun-burns and break-outs. The oppressive heat saps out moisture from your body, leaving you vulnerable to a host of worries.

However, you can now summer-proof yourself at Pune's very own 'The Four Fountains Spa' located at Koregaon Park and Aundh with the Summer Splash package.

Summer Splash brings you the natural goodness of Aloe Vera and Mint and includes therapies which can be taken individually or as a package.

### **Refreshing Aloe-Mint Massage:** (Duration: 60 mins)

A classic deep-tissue massage combined with the cooling properties of an Aloe- Mint gel to relieve you from exhaustion.

### **Cooling Aloe-Mint Body Wrap:** (Duration: 60 mins)

The highly-recommended Aztec Spirulina Body Polish that exfoliates your skin to open up pores to release excessive heat pent-up within your body. It readies you for the Refreshing Aloe-Mint Massage. You can follow up your refreshing massage with the bounties of an Aloe-Mint mask. Aloe-Vera seeps into your skin to replenish lost moisture and nutrients even as Mint soothes your body and eases mental fatigue.

### **Facial:** (Duration: 50 mins)

Choose a facial that best suits your skin type: Hydrating, Balancing or Rejuvenating.

### **The Complete Summer Splash Package:** (Duration: 170 mins)

You can choose the complete package comprising a Refreshing Aloe-Mint Massage, a Cooling Aloe-Mint Body Wrap and a Facial as per your skin type.

Punekars are definitely a happier lot this summer.

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