

MIOT Hospitals launches a unique programme - the Joint for life campaign

India's first programme promising Joint replacements for Life; To drive awareness and empower patients to demand a 'Joint for life'

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MIOT Hospitals, the pioneer of joint replacement surgeries in India, launched a unique concept - the 'Joint for Life' programme; a solution to the trauma of revision surgeries and the increasing need for a joint that lasts for life.

On the occasion the Hindi version of **Maruthuva Vivekam**, the newsletter from MIOT Hospitals was launched by **Mrs. Mariam Ram**, Managing Director, TNQ Books & Journals Pvt Ltd. The booklet gives patients an insight into the surgery of hip and knee replacement and features case studies of real people.

Dr. P V A Mohandas, Managing Director, MIOT Hospitals and Mrs. Mallika Mohandas, Chairman, MIOT Hospitals along with other specialists from the Hospital - Dr. Barry Rozario, Dr. Prithvi Mohandas, Dr. C Lenin and Dr. A R Keshavan shared details of the programme with the media today.

Elaborating on the Joint for Life concept, Dr P V A Mohandas, Managing Director, MIOT Hospitals, said, 'With more and more people seeking to lead active lives even in their 70s and beyond, there has been a tremendous increase in the demand for knee and hip replacement surgeries. The need for joint replacement is increasing among the younger population too, due to stressful lifestyles and higher incidence of accidents. A key element in a replacement surgery is the artificial joint that is used. Today, the need of the hour if I am looking for a knee or hip replacement is a **Joint for Life**'

'When patients consider the serious decision of going for a joint implant, we believe with today's advancement in material science, technology and surgical expertise, they have a right to demand a Joint for Life, whatever their age may be. With this, they gain confidence of getting the best that science and surgery offers. More importantly, they are saved from the trauma and additional cost associated with revision surgeries. Our endeavour is to build this awareness among patients across India,' Dr. Mohandas added.

The earliest implant surgeries were done in the 1970's in India. Many of these implants are now wearing out due to non-durable materials used in the making of the implant. Another reason for early failure of the implant - was improper placement during surgery. As more and more of these patients have to undergo revision surgery, a big concern the durability of the joint has become a big concern. Thus the prime need of any patient undergoing joint replacement surgery is a joint for life.

Based on 35 years of experience

The Joint for Life concept has been developed based on MIOT's research backed with experience over 35 years of having conducted over 21,000 hip and knee replacement surgeries and revision surgeries.

MIOT's Joint for Life deals with two aspects - the choice of implant and its precise placement.

The right implant

Today there are more than 500 types of joints available for joint replacement. The choice of an implant involves an expert assessment of the disease, quality of the bone, age, activity levels and medical condition of the patient. The key to a successful joint replacement surgery is matching the perfect implant to replace the joint. The right implant fits smoothly and leaves the patient comfortable and active for life. The wrong implant leads to discomfort, wear and tear and possibly, another surgery in a few years.

Precise Placement

Once the right implant is chosen, MIOT surgeons then place this implant with zero-error precision supported by computer navigation and several man years' of experience, having specialized in this field and perfecting their technique with constant updates, their efficiency and skill ensures optimum operating time and sensitive tissue handling. As a minimally invasive surgery with no muscle cutting, the patient could be walking in one and a half hours after the surgery. There is less pain, less complications and early return to normal activity. The surgery is performed in modern laminar flow theatres where the latest technology ensures a completely infection free cocoon for the patient.

World standard environment, equipment and personnel

The modern laminar flow theatres and an incredibly sophisticated sterilization suite occupies an entire flow ensuring a completely bacteria free cocoon for the patient. Operating hoods with dedicated air supply shut off any chance of droplet laden bacteria from even the surgeon entering the vicinity during surgery.

Excellent teamwork comprising the surgeon, physiotherapist, nurse and dietician, with clear lines of communication, gives the patient peace, clarity and confidence to march forward towards resuming normal activity. All leading to a promise made and delivered by MIOT - **A Joint for Life**.

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